



**Local Oven**  
 2650 Midway Rd. Suite 114  
 Carrollton, TX 75006  
 972.250.1818  
 www.localoven.com



**Local Oven Product Spec Sheet - Food Service**

**Product ID: 20001 - Hamburger Bun with Sesame Seeds - Gluten Free - 4"**

<b>UNIT QUANTITY/CASE</b>	36	<b>UNIT SIZE</b>	4"	<b>PACKAGE LENGTH</b>	5.75"
<b>AMBIENT SHELF LIFE</b>	N/A	<b>PALLET COUNT</b>	81	<b>PACKAGE WIDTH</b>	5"
<b>REFRIGERATED SHELF LIFE</b>	N/A	<b>PALLET HIGH</b>	9	<b>PACKAGE HEIGHT</b>	2"
<b>FROZEN SHELF LIFE</b>	12 months	<b>PALLET TIE</b>	9	<b>CASE LENGTH</b>	16"
<b>CASE GROSS WEIGHT</b>	9.5 lbs	<b>CASE NET WEIGHT</b>	8.5 lbs	<b>CASE WIDTH</b>	12"
<b>CASE UPC</b>	10854978003429	<b>CASE CUBE</b>	0.89	<b>CASE HEIGHT</b>	8"

**GENERAL DESCRIPTION:**  
 Frozen hamburger buns, individually vacuum sealed, 12 month freezer life. No preservatives. Kosher Parve - Orthodox Union.

**INGREDIENT STATEMENT:**  
 GLUTEN FREE, DAIRY FREE, SOY FREE, CORN FREE, NON-GMO  
 Ingredients:  
 Rice milk, white rice flour, potato starch, tapioca flour, dehydrated egg whites, canola oil, eggs, sugar, yeast, salt, xanthan gum, sesame seeds.

**PREPARATION AND COOKING INSTRUCTIONS:**  
**Thawing** - Product should remain frozen until ready to eat. Take desired portion out of freezer only when ordered. Remove from plastic packaging. Thawing can be executed in one (1) of three (3) ways:  
 1. Room Temperature (takes 45 minutes – 1 hour)  
 2. Microwave Oven (30 - 45 seconds)  
 3. Wrapped in foil and placed in an oven.  
**Preparing** - Once thawed, place the "cut" side down on the grill, or "cut" side up in a salamander or toaster oven until lightly brown. Add butter or oil to "cut" side if desired before grilling or toasting.

**ADDITIONAL SPECIFICATIONS:**

## Nutrition Facts

Serving Size 1 Bun 3.9 oz. (111g)  
 Servings Per Container 1

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Amount Per Serving

**Calories 290**    **Calories from Fat 100**

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	% Daily Value*
<b>Total Fat 11g</b>	<b>17%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol 30mg</b>	<b>10%</b>
<b>Sodium 380mg</b>	<b>16%</b>
<b>Total Carbohydrate 44g</b>	<b>15%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 2g	
<b>Protein 6g</b>	

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Vitamin A 2%    •    Vitamin C 0%  
 Calcium 2%    •    Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300 mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4